

# EURETINA EDUCATION PLATFORM



2021

CLINICAL SURVEY
OUTCOMES

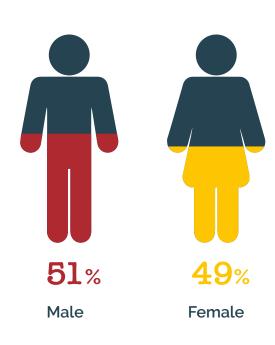


### **Survey Background & Overview**

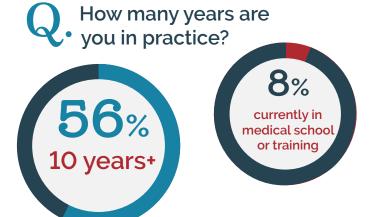
This report contains the results of the 2021 EURETINA Clinical Trends Survey, conducted in conjunction with the 21st Virtual Congress of EURETINA. Delegates had the opportunity to complete the survey online through the EURETINA website. Questions addressed several areas of clinical practice, including retinal diagnostics and artificial intelligence (AI), wet AMD, dry AMD and geographic atrophy (GA), diabetic macular edema (DME) and gene therapy.

Nearly 1700 delegates responded to the 73 questions, which were developed and reviewed with the EURETINA leadership and substantiated by a data scientist. To better identify the educational needs of its members, the EURETINA leadership refers to the results of these surveys and the feedback they elicit. The collected data is also utilised to enhance the independent medical education (IME) programmes featured at the Euretina Annual Congress and other educational channels such as the online EURETINA Education Platform, as well as Retina Today print and digital supplements.

We invite you to study the 2021 Survey's key findings and be ready to take advantage of upcoming educational events. EURETINA encourages all delegates to participate in the upcoming 2022 EURETINA Clinical Trends Survey, launching in September at the 22nd Congress of EURETINA, and taking place online throughout autumn, at <a href="https://tfgedu.questionpro.com/EURETINA2022">https://tfgedu.questionpro.com/EURETINA2022</a>





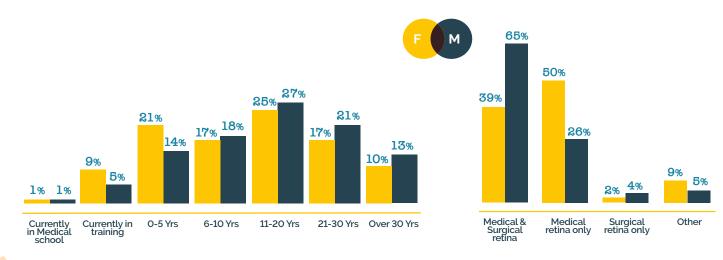


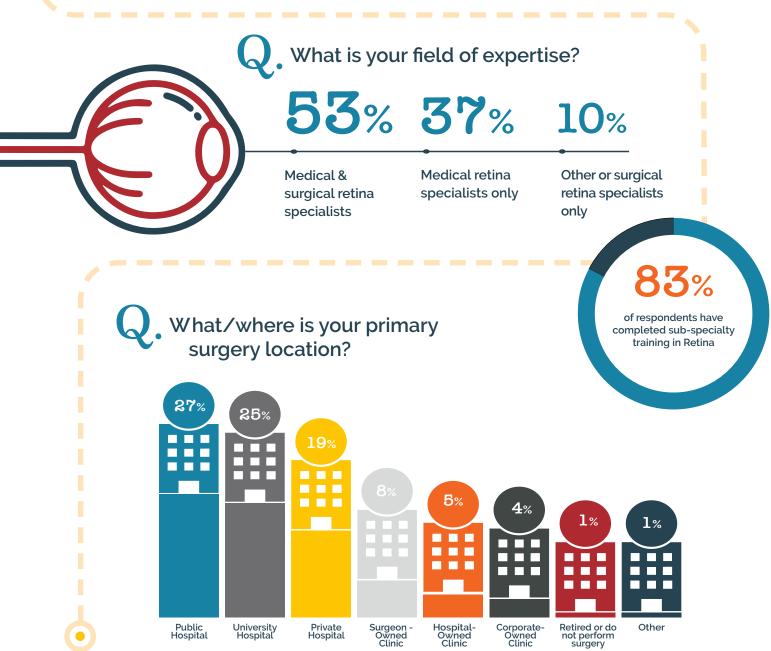


Survey Background & Overview

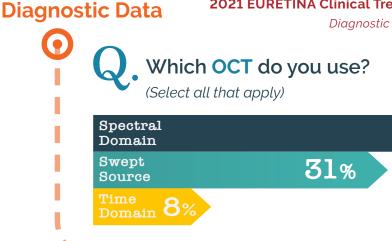
How many years have you been in practice post training?

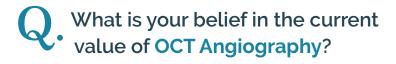
Are you a medical or surgical retina specialist?

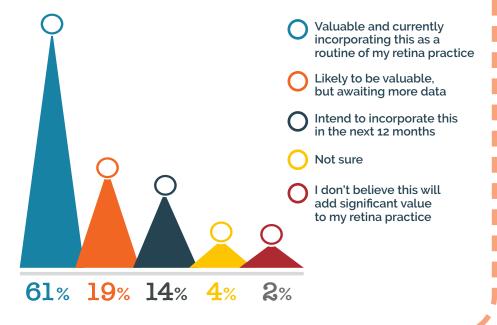




Diagnostic Data





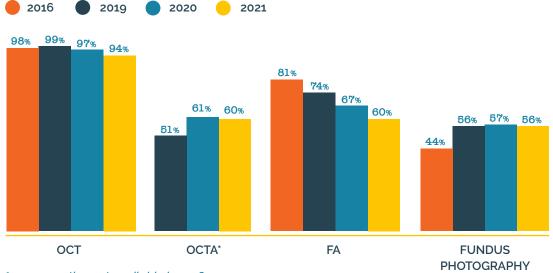


of respondents do not have access to wide-field fluorescein angiography (FA)

85%

OCT remains the main modality to diagnose wet AMD since 2016. The use of OCTA and fundus photography have increased by 9% and 12% point, respectively, while FA use has decreased by 21% point.

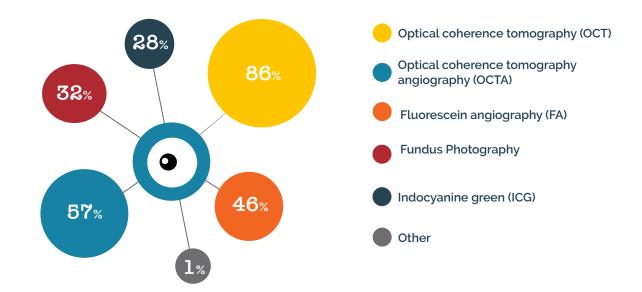
What are all the imaging techniques that you use at time of diagnosis for wet AMD patients? (Select all that apply)



<sup>\*</sup> answer option not available in 2016

Diagnostic Data

What are the imaging techniques that you use for wet AMD at time of follow up, for a patient who is NOT responding well to treatment? (Select all that apply)



If you are NOT using multimodal imaging, why not? (Select all that apply)



72%

of respondents believe that artificial intelligence will significantly assist their ability to diagnose and monitor retina diseases in the next 2-3 years. Would you use AI-based healthcare tools in your practice?



61%

of respondents agree or strongly agree that the accuracy and predictive powers of current AI tools can adapt to specific and unforeseen medical situations.

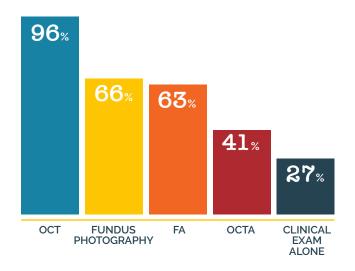
74%

of respondents agree or strongly agree that athome OCT devices have the potential to accurately monitor and predict disease progression in nAMD and DME patients.



Diagnostic Data

What are all the imaging techniques that you use for DME patients? (Select all that apply)



### Wet AMD Data

When do you decide to initiate anti-VEGF therapy in a patient with wet AMD? (Select all that apply)



Fluid and/or heme in Clinical exam

Development of subretinal and/or

intraretinal fluid on OCT

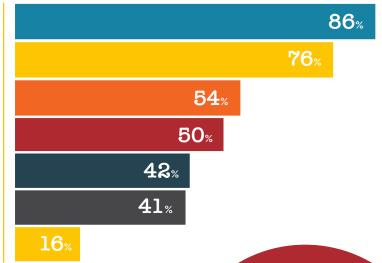
Development of subRPE fluid on OCT

Macular neovascularization (MNV) on OCT with or without fluid

Objective decline in best corrected visual acuity

Patient develops subjective worsened distortion / decline in vision

Development of PED on OCT without fluid





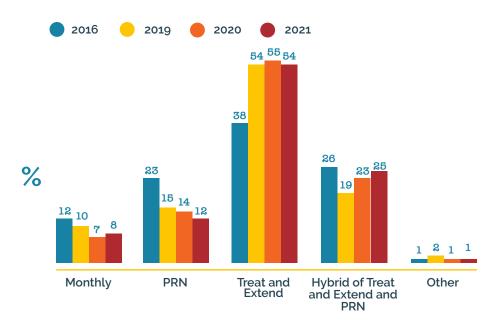
Average number of patients seen weekly that have wet AMD

50%

Average percentage of standard wet AMD patients are dry on OCT 6 months after the initial first-line treatment

Wet AMD Data

# What regimen of treatment do you use for the majority of your wet AMD patients?





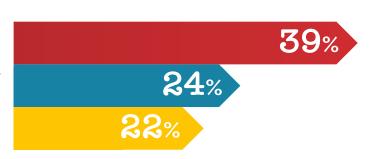
The use of monthly and PRN treatment regimens for wet AMD have decreased since 2016, while the use of Treat and Extend has increased by 16% points.  $(p \le 0.001)$ 

# What is your fluid threshold for treatment of patients with wet AMD? (Top 3 responses)

I accept a small amount of SUBRETINAL fluid because I feel it is tolerable or may be beneficial, but I don't allow INTRARETINAL fluid

> I accept a small amount of SUBRETINAL or INTRARETINAL fluid, but only if OCT and visual acuity is stable

> > I accept no fluid





anti-VEGF injections performed weekly.



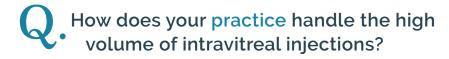
Average percentage of patients who require regular anti-VEGF injections are adherent with their treatment timeframes



Average number of injections before anti-VEGF agents are switched due to inadequate response.

Wet AMD Data

48%





All injections are performed in a separate injection clinic



17%



5% Other



75%

of respondents would prefer a duration of effect to be 6-12 months for a sustained drug-delivery implant

90%

of respondents agree or strongly agree that long-acting anti-VEGF therapeutics and implantable sustained release devices will improve patient adherence.

**Dry AMD Data** 



Average number of patients seen weekly that have dry atrophic AMD.



32%

of dry AMD patients have GA

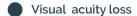


of respondents see their dry AMD patients every 3-6 months.

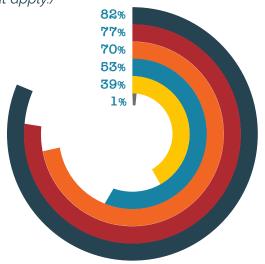
78%

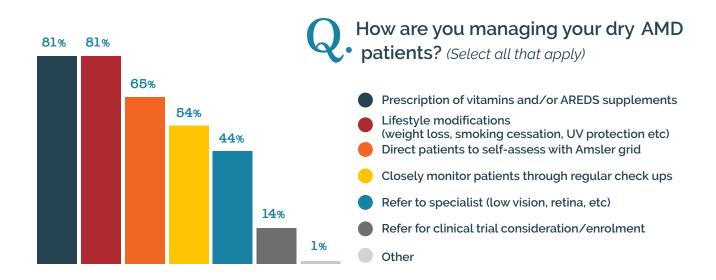
Dry AMD Data

What are the hallmarks you use to monitor progression of dry AMD? (Select all that apply.)



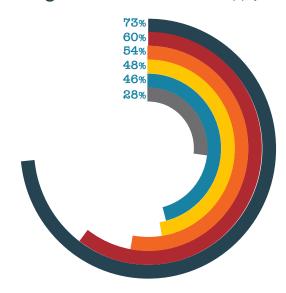
- Atrophic lesion growth
- Detection of exudations/ onset of choroidal neovascularization (CNV)
- Progression of drusen
- Patient-reported quality of life impacts
- Other





Which of the following do you use as a parameter to define successful geographic atrophy (GA) management? (Select all that apply)

- Visual acuity
- Lack of atrophic lesion growth
- Lack of encroachment of atrophic lesions to fovea
- No exudations/onset of choroidal neovascularization (CNV)
- Quality of life
- Reading speed



#### **DME Data**

## **2021 EURETINA Clinical Trends Survey Outcomes**

DME Data



Average number of patients seen on a monthly basis that have DME



Average number of injections before an alternative treatment is considered for DME patients who are not responsive to primary anti-VEGF therapy



**35**%

of respondents do not prescribe topical antibiotics for use with intravitreal injections

Do you consider systemic safety a critical component of your treatment decisions with anti-VEGF therapies?



Yes, on a case-by-

case basis



Yes, always

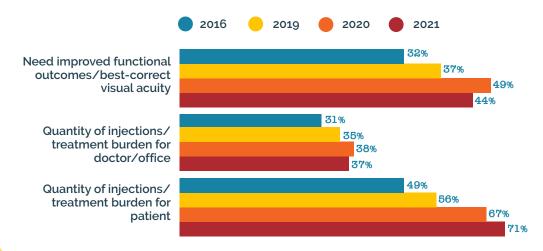


No, I believe these therapies are all safe



Average percentage of standard DME patients who have a CFT of < 250 microns 6 months after the initial first-line treatment

What is the largest unmet need for current anti-VEGF treatments? (Top 3 responses)



of respondents have a very strong/strong understanding of the long-term efficacy and safety profile of steroids used for DME



Concerns regarding unmet needs of anti-VEGF treatments have increased overall, but extended duration of action and the treatment burden remain the main issues.

# If a patient with DME is going to undergo cataract surgery, what do you do?

Mascular grid/Focal laser Intravitreal triamcinolone prior to cataract surgery

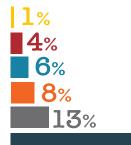
Observe

Intravitreal dexamethasone implant prior to cataract surgery No change to treatment regimen

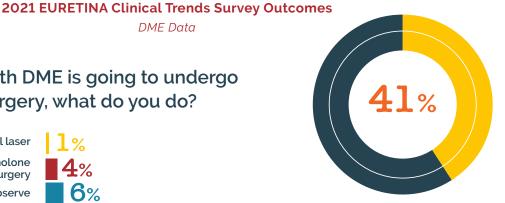
Arrange for anti-VEGF injection prior to surgery and follow up 1 month after surgery

Antibiotics

with Cultures



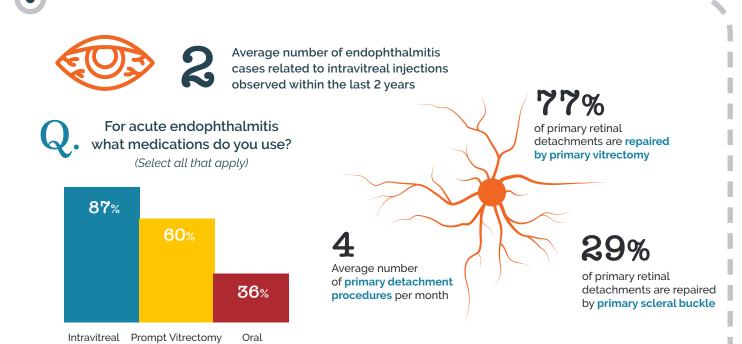
68%



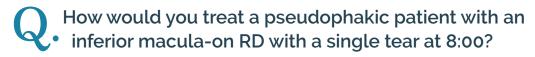
Average percentage of standard DME patients who are achieving 3 or more lines of BCVA improvement 6 months after initial firstline treatment.

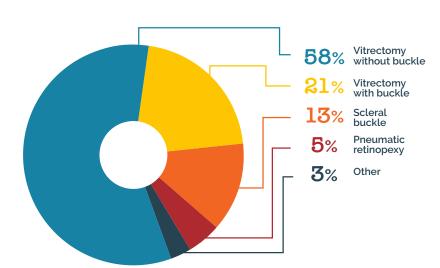


### Vitreoretinal and Gene Therapy Data



DME Data





**Antibiotics** 

52% of respondents have a good or very good understanding of how to optimise fluidics during a vitrectomy procedure

Vitreoretinal and Gene Therapy Data

How strongly do you believe that gene therapies are going to become a significant part of your practice in the coming years?



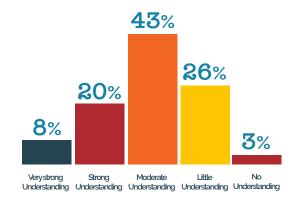
How strong is your under standing of the components of gene therapy and how gene therapy can be utilised depending on the disease and underlying cause?

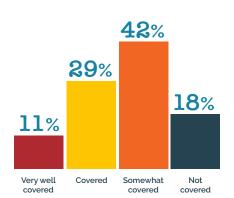
How well are your inherited retinal disease patients taken care of by your current provider and referral network?



61%

of respondents will not genetically test patients for AMD until there is a proven intervention that would be effective for these patients





How strong is your belief that gene therapies are the future for inherited and acquired retinal disorders?

